

It's unfortunate that the impacts of stress and trauma are too common in the lives of infants, toddlers, and their families. This symposium will focus on ways to prevent and remediate these impacts.

In the morning, Redmond Reams, Ph.D. will review the sources of stress and trauma for young children and present practical strategies relevant to child care, child welfare, primary care, mental health, and to parents in general.



In the afternoon, attendees will have the opportunity to meet first in same-interest groups to brainstorm how to implement these strategies and then meet in groups that are across interest areas to discuss systemic issues.

#### **Learning objectives:**

- Recognize sources of stress and trauma for infants and toddlers
- Gain knowledge of approaches to prevent and reduce the impact of this stress and trauma
- Identify barriers to implementation of approaches and strategies to overcome those barriers
- Increase awareness of systemic issues that influence coordination in efforts to respond to stress and trauma in the lives of infants and toddlers

5.5 CEU's and certificates will be available.

Co-sponsored by Oregon Association of Relief Nurseries.

## **Oregon Infant Mental Health Association(ORIMHA)**

### **Vision Statement**

All Our Babies Held in Mind

### **Mission Statement**

*We are a state wide network of parents and professionals dedicated to supporting the emotional health and well-being of all Oregon's infants, toddlers and their families.*

*We are dedicated to:*

- Promote broad awareness and understanding of the importance of early nurturing relationships
- Build Oregon's capacity to support emotional health and well-being through interaction, study, and collaboration across systems
- Provide Oregon with access to current resources from around the world
- Inform policy makers, funders and other key stakeholders—across systems of care-of IMH principles and best practices
- Advocate for the application of infant mental health principles and best practices

For a membership form or information about membership visit <https://www.foundation.pdx.edu/orimha>.

## **1st Annual Oregon Infant Mental Health Association (ORIMHA) Training Symposium**



### **Sheltering Our Youngest: Multidisciplinary Responses to Stress and Trauma**

#### **In Infants, Toddlers and Their Families**

September 15, 2007 ■ 9AM – 4PM

Chemeketa College  
4000 Lancaster Drive NE  
Salem Oregon 97309

Presenter: Redmond Reams, Ph.D.

**The training will be of benefit to:**

- *Parents*
- *Mental Health Professionals*
- *Child Welfare Caseworkers and Supervisors*
- *Foster Parents*
- *Early Intervention Workers*
- *Home Visitors and Parent Educators*
- *Pediatricians*
- *Pediatric Nurses and Nurse Practitioners*
- *Juvenile or Family Court Judges or Referees*
- *Child Care Providers*
- *Early Head Start Staff*
- *Community Health Nurses*
- *Children's Attorneys*
- *Court Appointed Special Advocates (CASA)*
- *Others who work with infants, toddlers or their families in any other capacity*

**Redmond Reams** is a licensed psychologist with a post graduate diploma in infant mental health. He is on faculty at Pacific University, Oregon Health & Science University, and at the certificate program in infant/toddler mental health at Portland State University.

Dr. Reams has presented research on infant/toddler mental health at national conferences and in professional journals. Since 1981, Dr. Reams has been treating infants, toddlers, older children, adults and families and consulting to child care, child welfare and mental health organizations.

Registration deadline is August 31, 2007.

On-line registration at <https://www.foundation.pdx.edu/shelteringouryoungest07>

Or, send your registration form to Mary Foltz, PSU Foundation/ORIMHA, PO Box 751, Portland, OR 97202, fax 503-725-4838, or [foltzm@pdx.edu](mailto:foltzm@pdx.edu).

Name \_\_\_\_\_

Organization \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_ Fax \_\_\_\_\_

Email \_\_\_\_\_

Please choose from the list on the left which subgroup you would like to be in \_\_\_\_\_

\$30 ORIMHA Members     \$40 Non-members

Check enclosed     Pleas bill my     Visa     MasterCard

Name on card \_\_\_\_\_

Billing address \_\_\_\_\_

Card number \_\_\_\_\_

Card Security Code \_\_\_\_\_ Expiration date \_\_\_\_\_

Signature \_\_\_\_\_

Snacks and lunch provided.     Vegetarian lunch

Chemeketa College, 4000 Lancaster Drive NE, Salem, Oregon 97309  
Building 6, auditorium, <http://www.chemeketa.edu/aboutus/locations/salem/map.html>